



Treasure Coast Home Health Care

Readmission Prevention Program

(772) **872-6983** Palm City

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Orthopedic Program

This Program is designed for Joint replacements, fractures, or anyone needing help after an orthopedic procedure



Problem:

- High number of readmissions due to patients being discharged home without sufficient support to ensure safety, prevent injuries and post-op infections
- Medicare estimates readmissions cost \$15 Billion a year
- As of October 1, 2012 CMS will reduce payments to hospitals with excess readmissions within 30 days

Let us help reduce your readmissions rates!

Nautilus Senior Home Care

Our Readmission rate for 2012: **4.47%** (National avg. is 19%)

95% of patients discharged with Treasure Coast Home Health Care **avoid being readmitted!**

Solution:

Our **CareSpecialist®** will:

- Watch for signs of infection such as: **redness, swelling, drainage or fever** and notify RN/MD
- Train with the Physical Therapist at the facility ensuring proper techniques are used in the home
- Physically assist patient with **ambulation** and **transferring** to prevent falls
- Assist the patient with **bathing, dressing, toileting, ambulating, meal prep, medication management, transportation, housekeeping** and **MD appointments...**
- Assist patients with exercises prescribed by the Physical Therapist
- Be supervised by an RN to ensure the patient is receiving the best care possible!

