



Treasure Coast Home Care®

Readmission Prevention Program

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Fall Prevention Program



Problem:

- Over 1/3 of adults age 65 + fall each year
- Falls are the leading cause of **hospital admissions** for trauma
- 20% to 30% of seniors who fall have injuries that make it hard for them to get around or live independently and increase their risk of early death
- In 2011, nearly 2.3 Million seniors were treated in ER's for injuries from falls, costing \$30 Billion

*J. Bourbeau, M. Julien, et al

Let us help reduce your readmissions rates!

Our readmission rate for 2012: **4.47%** (Nat'l avg. 19%)

95% of patients discharged with [Treasure Coast Home Care](#) avoid being readmitted!

Solution:

Step 1-Needs Assessment & Home Inspection

Nautilus Senior Home Care® provides a complimentary Needs Assessment and Home Inspection to ensure safety and reduced risk of repeat falls.

Home Inspection Includes:

- **Hygiene**-Transfer benches, shower chairs, hand-held shower heads that are accessible
- **Grab bars**-Properly installed in high-risk areas
- **Flooring** -Loose carpeting and rugs are the most common causes of injuries



Step 2-Caregiver Selection

In order to select the right CareSpecialist™, Nautilus Senior Home Care® meets with each client prior to starting services. This allows us to match the client's needs and personality with the ideal CareSpecialist® for them!

Step 3-Supervision/Monitor Progress

Once home, a formalized Care Plan is developed & monitored by an RN via Supervised visits. This helps ensure that each client is receiving the best care possible while they regain a level of independence. Our goal is to maintain safety and prevent falls!